

Eight Danger Zones

Danger Zone #1: Driver Inexperience

What Coaches Can Do

Provide at least 60 hours of supervised driving practice over at least nine months.

Practice on a variety of roads, at different times of day, and in varied weather and traffic conditions.

Stress the importance of continually scanning for potential hazards including other vehicles, bicyclists, and pedestrians.

Danger Zone #2: Driving With Teen Passengers

What Coaches Can Do

Follow Maryland's Graduated Licensing System for passenger restrictions, which forbids provisional license holders under the age of 18 from carrying passengers under the age of 18, except for family members. Violations may result in a suspension of driving privileges.

Follow this rule for at least the first five months that your teen is driving.

Danger Zone #3: Nighttime Driving

What Coaches Can Do

Maryland's Graduated Licensing System restricts provisional license holders under the age of 18 from driving between 12 Midnight and 5 AM unless for school, sports, job or volunteer work.

Practice nighttime driving with your teen when you think they are ready.

Danger Zone #4: Not Using Seat Belts

What Coaches Can Do

Require your teen to wear a seat belt on every trip. This simple step can reduce your teen's risk of dying or being badly injured in a crash by about half.



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Danger Zone #5: Driver Inexperience

What Coaches Can Do

Don't allow activities that may take your teen's attention away from driving, such as talking on a cell phone, texting, eating, or playing with the radio.

Learn more about distracted driving. Visit www.distraction.gov.

Danger Zone #6: Drowsy Driving

What Coaches Can Do

Know your teen's schedule so you can be sure he or she is well rested before getting behind the wheel.

Danger Zone #7: Reckless Driving

What Coaches Can Do

Make sure your teen knows to follow the speed limit and adjust their speed to match road conditions.

Remind your teen to maintain enough space behind the vehicle ahead to avoid a crash in case of a sudden stop.

Danger Zone #8: Impaired Driving

What Coaches Can Do

Be a good role model: never drink and drive.

Reinforce this message with a Parent-Teen Driving Agreement.

Learn more about impaired driving.

Get the statistics on teen drinking and driving.

Expectations & Responsibilities for Coaches

How can I help my new driver to become a safe and confident driver?

What will my new driver do to become a safe and confident driver?

How will the driving school help the new driver to become a safe and confident driver?



Expectations & Responsibilities for New Drivers

How will my driving coach help me to become a safe and confident driver?

What will I do to become a safe and confident driver?

How will the driving school help me to drive safely?

Rookie Driver-Coach Agreement

This agreement gives you and your new driver an opportunity to set some ground rules for both of you. These can be rules for your driver while learning to drive and can be updated after receiving a provisional license. The more involved you are as a coach, the safer your new driver will be.

Rookie Driver

- I can drive from _____ (times) to _____ (times) with _____ and _____ but may have no more than _____ passengers in the vehicle at any time.
- I may drive on the following roads: _____
- I will focus on driving when driving.
- I may not text at any time while driving or use a phone for any reason while driving.
- I will always wear my safety belt and make sure that all my passengers are also wearing their safety belts even if we are just driving around a parking lot.
- I will not drink alcohol and drive for any reason.
- I will not use any illegal drug and drive.
- I will obey the restrictions of my provisional license.
- If I violate these rules, I will face the following consequences.
 - First offense: _____
 - Second offense: _____
 - Third offense: _____

Signed: _____ Date: _____

For the coach

- I agree to supervise the completion of 60 hours of supervised driving.
- I agree to be a model driver and follow all Maryland driving laws.
- I agree to be supportive and provide CONSTRUCTIVE, HELPFUL comments to my new driver.
- I agree to set limits to ensure safe driving and to enforce the Maryland driving law with my new driver.

Signed: _____ Date: _____

HOW DO I DRIVE?

Fill in the Best Answer

1) When I drive, I focus _____ of the time.

ALL	MOST	SOME	NONE	_____
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2) I use my seat belts _____ of the time.

ALL	MOST	SOME	NONE	_____
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3) I _____ text when I drive.

NEVER	SOMETIMES	FREQUENTLY	ALWAYS	_____
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4) I am _____ rested before I set out for a long drive.

NEVER	SOMETIMES	FREQUENTLY	ALWAYS	_____
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5) I _____ drive with two hands on the steering wheel in an appropriate place.
(Bonus: What is the appropriate hand placement?)

NEVER	SOMETIMES	FREQUENTLY	ALWAYS	_____
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6) I _____ yell at other drivers when they do something careless or dangerous.

NEVER	SOMETIMES	FREQUENTLY	ALWAYS	_____
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7) When I drive, I maintain my speed _____.

WITHIN 10 MPH OF POSTED LIMIT	TO KEEP UP WITH THE FLOW OF TRAFFIC	AT THE POSTED SPEED LIMIT	_____
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8) The driving rules established by the Maryland Graduated Licensing System are _____ that _____ be followed.

SUGGESTIONS	GUIDELINES	LAWS	_____
SHOULD	CAN	MUST	

9) Graduated licensing has made driving for new drivers _____.

SAFER	THE SAME	MORE DANGEROUS	_____
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Taking the Road Test

1 What are the two components of the skills test or behind-the-wheel test?

2 What were the specific points about your vehicle and getting it ready to go to the MVA to take the test?

3 Who must accompany you to the MVA to take the driving test?

4 What must a new driver bring to the MVA to take the test?

5 What were some specific driving problems that the video discussed which may cause a new driver to fail the driving test?

